



WOLVERINE BOYS' GYMNASTICS CAMP
1000 S. STATE ST.
ANN ARBOR, MI 48109-2201



Scan to go to the Camp Website

CAMP
OF ★★★
CHAMPIONS
July 14-17, 2019
July 21-24, 2019

M
MENS GYMNASTICS
MICHIGAN

VISIT: CAMPS.MGOBLUE.COM



M THIS IS MICHIGAN.



NEWT LOKEN TRAINING CENTER



KURT GOLDER - CAMP DIRECTOR

Head Coach Kurt Golder has been very successful at the High School, Club and Collegiate level. Kurt was a boy's coach in the State of Michigan where he ran two of America's most successful boys club programs. He has led his teams to High School and Collegiate Championships. While a club coach, Kurt was a member of the Jr. National Coaching Staff and he produced several Jr. National Team Members. While coaching at Michigan he has produced Olympians and several undergraduate Sr. National Team Members. He has won multiple Big Ten, NCAA Regional and NCAA National Coach of the Year awards. Golder has also coached at Olympic Games, World Championships and several International competitions.

YUAN XIAO - ASSISTANT CAMP DIRECTOR

Assistant Coach Yuan Xiao was the National coach for China. During his career he has coached young gymnasts from the beginning stages to the Olympic level. He has coached NCAA championship teams, National team members and has also coached several gymnasts to the Olympic level. Xiao was named the Co-National Assistant Coach of the Year in 2010, 2013 and 2014.

GEOFF CORRIGAN - CAMP ADMINISTRATOR

Assistant Coach Geoff Corrigan was an All-American while he was a member of the Michigan Men's Gymnastics team. Geoff was a member of the USOTC Resident Program from 2005-2008. Geoff joined Xiao as the Co-National Assistant Coach of the Year in 2010, 2013 and 2014. He also coached at the 2012 Olympic Games and World Championships. Before joining the Michigan staff, he was a men's and women's head coach at Sundance Gymnastics in Monument, CO.

QUESTIONS ABOUT CAMP?

GEOFF CORRIGAN:
Office: 734.764.5318
Cell: 719-648-3588
gcorriga@umich.edu

HEALTH AND INSURANCE- Each camper will need a consent form signed by a parent or guardian, stating he is in good health. All forms are included in the online registration. **A hard copy of the Consent and Medical Waiver Form must be brought with you in hand to camp for Check-in on July 14th or 21st if you do not register online. Campers must bring a copy of a physical done within the last 13 months of camp.**

CHECK-IN- The check-in time for Resident Campers will be 11:15 AM-12:30 PM and the check-in time for Commuter Campers will be from 12:30-1:00 PM at the Newt Loken Gymnastics Training Center on either Sunday, July 14th or Sunday, July 21st. Roommate requests need to check in at the same time.

HOUSING- There will be two campers to a room. Room assignments are made upon check-in. First responders will be on hand 24 hours a day. Meals will be served in University dining facilities.

WHAT TO BRING- (Resident Campers) Pillow, bed linens(extra long twin size), toiletries, towel, alarm clock, drinking bottle and a fan. Please do not bring televisions, refrigerators, or other large, heavy appliances.

PICK-UP- Pick-up will be at the Coliseum on July 17th or July 24th at 3:45pm.

FEES- The fee for camp is **\$699**. This fee includes room and board, camp t-shirt, and a camp photo. The fee for Commuters is **\$585**. The commuter fee includes a camp t-shirt and acamp photo. Campers age 8 and 9 must be commuters. Only campers who are age 10 and older will be allowed to stay in the Residence Halls.

ONLINE PAYMENT/REGISTRATION- Payment must be made in full online <https://camps.mgoblue.com/mensgymnastics/wolverine-boys-gymnastics-camp.cfm> or through US Mail. If using the online registration, do not send the attached Camp Application Form.

For more info on the camps, please visit <https://camps.mgoblue.com/>.

REGISTRATION OPTIONS - We suggest utilizing the online registration method, however, if necessary, please fill out the Camp Application Form and make checks payable to Wolverine Boy's Gymnastics Camp.

***Please be sure to include the camper's name in the "memo" line of your check**

RULES AND REGULATIONS- All individuals enrolled are required to comply with the rules and regulations of the University of Michigan and the sports camp. Any violations of the rules could be cause for immediate dismissal from camp with no refund.

AGE AND EXPERIENCE- This camp is intended for boys age 8 and up who have the desire to improve their gymnastics ability. This camp is open to athletes of all abilities.

FACILITIES- All camp sessions will be held in the Newt Loken Gymnastics Training Center, which is located inside the Sports Coliseum at the intersection of S. Fifth Ave. and Hill St. The facility features four loose foam pits, along with spotting rigs for trampoline, parallel bars, high bar, and rings.

IN ACCORDANCE WITH NCAA RULES, MICHIGAN SPORTS CAMPS ARE OPEN TO ANY AND ALL THAT WOULD LIKE TO ATTEND, BUT MAY LIMIT ATTENDANCE BASED ON SEVERAL FACTORS, SUCH AS AGE, NUMBER AND GRADE LEVEL. HOWEVER, CAMP ATTENDANCE AT MICHIGAN (INCLUDING ATTENDANCE AT ELITE OR ADVANCED CAMPS) IS NEVER RESTRICTED BY A CAMPER'S SKILL LEVEL OR COMPETITIVE EXPERIENCE.

DAILY SCHEDULE- The gymnasts will have the opportunity to work all six events as well as trampoline and TumbleTrak. Campers will work hard while having fun. Appropriate hand grips should be brought by every camper to assure proper hand care. It is also recommended that every gymnast be in good shape.

SUNDAY SCHEDULE - Sunday morning and early afternoon will serve as check-in time for all campers. Parents of Resident Campers are free to help their sons get settled into South Quad Residence Hall following Check-In. All campers must return to the Newt Loken Gymnastics Training Center by 1:30 PM and will view a staff exhibition, followed by four thirty five-minute rotations, after which time the camp staff will make any necessary adjustments to group placement.

Dinner will be provided for all campers on Sunday. Commuters wishing to eat something other than what is provided and wants to return for the evening sessions may pack their own dinner, arrange for delivery, or be picked up and dropped off by their parent or guardian. All resident campers will stay and any interested commuter campers will return to the Newt Loken Gymnastics Training Center at 6:30 for a warm-up and two final rotations. At 7:45 PM, Resident Campers will return to South Quad and Commuters will be picked up at Newt Loken Gymnastics Training Center by parents or guardian. Please note that the camp photo will be taken on Tuesday evening after dinner.

DAILY SCHEDULE (M, T)

7:00-8:15 am	Breakfast
8:25 am	Walk to Gym
8:40 am	Arrive at Gym
8:40-9:00 am	Warm-Up
9:00-11:15 am	Morning Training
11:45-1:00 pm	Lunch
1:15 pm	Walk to Gym
1:30 pm	Arrive at Gym
1:30-1:45 pm	Warm-Up
1:45-3:45 pm	Afternoon Training
3:45-4:30 pm	Dorm Free Time
4:30-6:00 pm	Dinner
6:15 pm	Walk to Gym
6:30-7:45 pm	Evening Program

COMMUTER MEALS- Commuters will have the option of purchasing the Resident Meal Plan for lunch or lunch and dinner on the camp website. If the Commuters do purchase the Meal Plan, they will walk to the cafeteria and back to the gym with the resident campers under staff supervision. If the Commuters do not choose to purchase the Meal Plan, Commuters are required to bring lunch and dinner each day; refrigeration will be provided at the Coliseum. Commuters will remain at the Coliseum under staff supervision to eat their lunch during the lunch period (11:45 am -1:00 pm) and the dinner period (4:30-6:00pm). Commuters will be allowed to be signed out for lunch and dinner by a registered parent/guardian.

WEDNESDAY PICK-UP- The Wednesday afternoon training session which ends at 3:45 PM will be the final session of camp. Following the conclusion of the final afternoon training session, parents/guardians will be required to move campers out of residence halls.

NAME _____

ADDRESS _____

CITY _____ STATE _____

PARENT/GUARDIAN _____

CAMPER (CELL) _____

MOM (CELL) _____

MOM (WORK) _____

DAD (CELL) _____

DAD (WORK) _____

HOME PHONE _____

EMAIL _____

HEIGHT _____ WEIGHT _____ BIRTHDATE _____

AGE (first day of camp) _____ Grade in school (fall 2019) _____

COMPETITIVE LEVEL _____ Week of Camp _____

COACHES NAME _____

CLUB _____

CLUB PHONE _____

T-SHIRT: YS _____ YM _____ YL _____ AS _____ AM _____ AL _____

COMMUTER _____ RESIDENT _____

If opting not to use the online payment registration system, please send completed application with full payment to:

M | WOLVERINE BOY'S GYMNASTICS CAMP
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